

### **ADA Wall Grab Bar** and Hand Shower System

## Installation Instructions





# Wrench or pliers

Tools Needed for Installation: Slot-headed screwdriver

electric drill 5/32" drill bit Soft cloth

#### Parts and Hardware included:

- 1 Wall Grab Bar with adjustable ADA Slide Mechanism
- 1 60" UltraFlex® Hose or 69" Double Spiral Hose
- 1 Set of Mounting Hardware Six (6) #10 x 2-1/2" Wood Screws

#### **A** WARNING

GRAB BAR MAY NOT PROVIDE DESIGNED AMOUNT OF SUPPORT UNLESS THESE INSTALLATION INSTRUCTIONS ARE STRICTLY FOLLOWED.

For proper installation, both ends of Grab Bar MUST be installed into a wood stud. For solid support, at least two (2) of the three (3) screws on each end of the Grab Bar MUST go through the wallboard or tile and be tightly secured into the wood stud. Given standard stud sizes, only two (2) of the three (3) screws may screw into the wood stud.

Grab Bar may be installed vertically, horizontally or at an angle, so long as at least two (2) of the three (3) mounting screws on each end of the Grab Bar are secured into a wood stud. Locate the wood studs behind the wall before beginning installation (a stud finder can be obtained from a hardware store).

#### **A** WARNING

#### THE FOLLOWING STEPS REQUIRE DRILLING INTO THE WALL

When drilling into the wall, exercise care to avoid any electrical wiring or plumbing that may be located behind the wall. Damaged electrical wiring can cause electrical shock and/or fire. Since older homes do not always fall in line with current housing codes and requirements, know where internal wall wiring is located so that no wires will interfere with your installation.

PROPER INSTALLATION IS EXTREMELY IMPORTANT. IF IN DOUBT, INSTALLATION SHOULD BE DONE BY A QUALIFIED PROFESSIONAL.

#### USING GRAB BAR:

- 1. Read, understand and follow the information in the SAFETY WARNINGS section of this instruction sheet. Alsons Corporation shall have no liability for any damage or injury caused by improper installation or use of this Grab Bar.
- 2. Grasp the Grab Bar when exiting or entering the bathtub or shower.
- 3. Use EXTREME caution on wet tub or floor surfaces.
- 4. DO NOT put entire weight on Grab Bar. Grab Bar is rated for persons weighing up to 300 pounds when properly installed.
- 5. DO NOT stand, sit or step on Grab Bar. DO NOT use Grab Bar as a step or platform to reach area above the tub. Use the bar for assistance ONLY.

#### CARE AND MAINTENANCE:

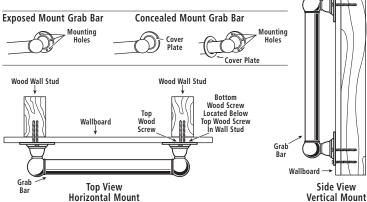
- 1. Use of mild soap and water or a non-abrasive cleaner is recommended
- 2. Periodically inspect the Grab Bar for damage or looseness. DO NOT use if any damage or looseness exists. Contact your authorized dealer for
- 3. SAVE THESE INSTRUCTIONS FOR FUTURE REFERENCE.

#### **BEFORE INSTALLING GRAB BAR:**

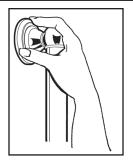
- Remove the Grab Bar and parts from the package. If concealed mount Grab Bar is used, move cover plates away from mounting holes.
- 2. Determine where you want to install Grab Bar.
- Place Grab Bar on wall at desired position. If mounting horizontally or vertically, check that the Grab Bar is level.
- With a pencil, mark the centers of the mounting hole positions on one end. These are the points where you will later drill pilot holes for putting in the screws.
- Repeat Step 4 for the other end of the Grab Bar.

#### TO INSTALL INTO WOOD WALL STUDS:

- Put on safety glasses before starting.
  Use the 3/8" power drill and 5/32" drill bit to drill all holes into the wall and wood wall studs at the marked positions. NOTE: If installing Grab Bar over ceramic tiles, the 1/4" carbide tip drill bit will be needed for drilling through the tile, in order to prevent damage to the tiles. Drill pilot holes through the tiles by using a 1/4" carbide tip drill bit. Once a hole has been drilled through the ceramic tiles, use the 5/32" drill bit to drill a pilot hole in the wood wall stud itself.
- Place Grab Bar on wall, aligning mounting holes with the holes in the wall.
- Insert the wood screws provided into one end of the Grab Bar. Screw into wall and wall stud (HAND TIGHTEN ONLY).
- 10. Repeat Step 4 for opposite end of the Grab Bar.
- 11. Securely tighten all mounting wood screws with a screwdriver.
- 12. If concealed mount Grab Bar is used, move cover plates over mounting holes and firmly press against the wall.



2 Prior to snapping the two cover flanges in place, make certain the Wall Grab Bar is installed securely. Then snap the two cover flanges into place, pressing tightly so the three catches on each wall flange lock into position.



Install Mount/Slide Bracket. Reference Mount/Slide Bracket instruction installation (separate sheet).

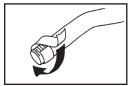
3

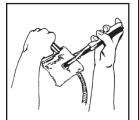
For installation with an existing shower head, remove the shower head by turning counter-clockwise with adjustable wrench or pliers. Be careful not to unscrew the shower arm - hold the shower arm secure while unscrewing the shower head. **Note:** If the existing shower arm has an integral ball connector, replace it with a standard, 1/2' threaded shower arm.



Wood Wall

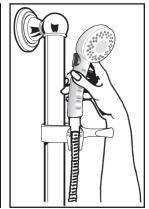
Wrap the shower arm threads with Teflon® tape before installing into plumbing fitting. Hand tighten hose end to shower arm (or water supply) by turning clockwise. Then fully tighten with an adjustable wrench or pliers. Use a soft cloth between the jaws of the tool and hose connector to protect the finish.



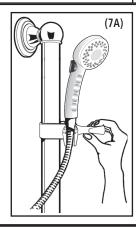


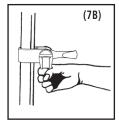
Carefully tighten other end of hose to the hand shower. Place the hose from the hand shower into the holder (or bracket) section of the arm mount and slip down. **Do not force**. The hose takes a "natural drape" after warm water has been run through it.



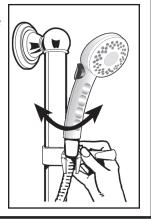


The arm mount unit (for the hand shower) of the Wall Grab Bar can be adjusted (7A) by pushing up or down on the extended Paddle to move the unit up or down (on vertical or angled Grab Bar installations) and left or right (on horizontal installation). After positioning as desired, flip the Paddle into the straight (locked in) position. In addition, (7B) the arm mount can be adjusted by lightly tapping on the base of the arm mount unit.

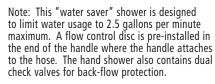


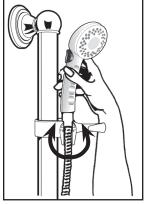


The arm mount unit also can be twisted clockwise or counter-clockwise for desired positioning for the hand shower.



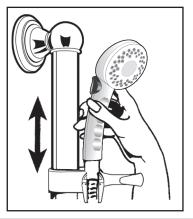
Additional adjustments of the arm mount unit is available with the holder section of the arm mount unit. This holder can be turned clockwise or counter-clockwise for desired mounting of the hand shower.





Do not force the handle in or out of the arm mount unit. The hand shower is easily removed from the arm mount by lifting the handle upward.

8



#### **Cleaning Instructions**

**To clean the hand shower face plate:** Remove the shower handle from the hose. Soak the hand shower in a 50/50 solution of white vinegar and water for 30 minutes to dissolve mineral buildup. Reassemble; do not overtighten the handle to the hose. Turn on the shower to wash the impurities out of the hand shower.

To clean the Wall Grab Bar or Arm Mount Unit: Wipe with soft, damp cloth - do not use detergent or cleansers that may be harmful to the finish.

**Lifetime Warranty** Alsons Corporation warrants to the owner of this product that the product is free from defects in material or workmanship for the period stated above from the date of purchase.

If this product malfunctions or becomes damaged, stop use and return it to the dealer where purchased or the manufacturer (we recommend United Parcel Service):

If in the USA:

Alsons Corporation

3010 West Mechanic Street

Hillsdale, MI 49242

Brantford, ON N3T 5N9

We will repair or replace, at our discretion, at no charge.

This warranty gives you specific legal rights. You may also have other rights that vary where you reside.

For assistance with problems with installation: In the USA, call toll free 1-800-421-0001, 8:00 a.m. to 6:00 p.m. Eastern Standard Time, Monday - Friday.